

OWN YOUR FAITH

ORTHODOX WINTER YOUTH RETREAT

This year's speaker will be Fr. Jeremiah Vollman from St Paul Orthodox Church. Come join him for a weekend of fun activities, games and discussion on how to come to the awareness of God and ultimately to own your own faith.

Lord I believe, Help my unbelief.

Enjoy fun outdoor activities, Fire on Father, games, dancing, and more!

WHO: Junior & Senior High School Teens (7th-12th Grades)
WHEN: Saturday, January 13th – Monday, January 15th 2018
WHERE: Cedar Springs Camp in Lake Stevens, WA
COST: \$160

YOUTH

www.tinyurl.com/orthodoxretreat

Opens: November 1st
Deadline: December 4th

MAIN CONTACT

Tina Soubeih

orthodoxretreat@gmail.com

VOLUNTEERS

www.tinyurl.com/pnworthodoxvolunteers

Opens: November 1st
Deadline: December 4th

MAIN CONTACT

JoyAnn Wise

pnworthodoxvolunteers@gmail.com

Introduction

The Orthodox Christian Youth Ministry (OCYM) Team has been hosting annual youth retreats for over the past 10 years. The team members (JoyAnn Wise of St Thomas, Snohomish; Mary Wright, Tina Soubeih, Leeanna Castor, Oliva Ingram and Becca Williamson of St Paul, Brier) are overseen by a spiritual advisor Fr. Michael Gillis from Holy Nativity in Langley BC. The team's goal is to keep our youth connected to the Church by providing an enriching Orthodox experience. The retreats provide the youth from Orthodox Churches in WA state (and bordering states within a 6 hour driving radius of retreat locale) and their friends an opportunity to grow in their faith, interact with Orthodox priests, strengthen their connection to the Church, form and renew lasting Orthodox friendship bonds, and have fun in a Christian Orthodox setting.

Speakers

Fr. Jeremiah Vollman is pastor of St. Paul Antiochian Orthodox Church in Brier, WA. He grew up as an Evangelical Protestant, and spent many years involved in youth ministry, music ministry, and outreach - especially to youth and young adult counter cultures. He studied Bible & Theology in college. He and his beloved wife, Kh. Kara, became Orthodox in 2007 at St. Paul where he served in various capacities while continuing his education, studying Orthodox Theology. He was ordained to the holy priesthood in early 2017 and assigned as pastor of St. Paul later that year. He has three children, and lives in Mountlake Terrace, just a couple of miles from the church.

Fr. Michael Gillis is pastor of Holy Nativity Antiochian Orthodox Church in Langley, BC. He taught English composition for seventeen years, served as a deacon for seven years doing youth work in Southern California and became a priest in 2003. Fr. Michael is married to Kh. Bonnie and they have three grown daughters and seven grandchildren.

*Research shows that retreat attendance is a major factor
in keeping youth active in the Church into adulthood.*

Campers

Register online at:

www.tinyurl.com/orthodoxretreat

Mail required paperwork, copy of insurance card & payment of \$160/youth to:

Leeanna Castor

18903 65th PL W

Lynnwood WA 98036

Volunteers

Register online at:

www.tinyurl.com/pnworthodoxvolunteers

Mail required paperwork, copy of insurance card to:

JoyAnn Wise

6013 Manor Pl.

Everett, WA 98203

DEADLINE: December 4, 2017

IMPORTANT STUFF YOU NEED TO KNOW

REGISTRATION:

For a participant to be fully registered, we must receive these completed forms: **Registration form, medical information forms, and payment.** Please contact your parish priest if financial help is needed, scholarships are available at most parishes. Participants will be registered on a first come, first serve basis according to the postmark date. **PLEASE SUBMIT FORMS AS SOON AS POSSIBLE. Forms Received after December 4, 2017 will only be accepted based on availability of space. A confirmation email will be sent to you when your registration information is received.**

CANCELLATION POLICY:

We appreciate prompt notification if a camper must cancel. Cancellations will receive a full refund less a \$30 processing fee. No refunds will be given with less than seven days notice prior to the first day of retreat.

WHAT TIME DO WE ARRIVE & PICK UP?:

We will be ready to welcome retreat participants between 12:00pm—12:30pm on Saturday, January 13th . Please DO NOT drop your child off early. Please pick up participants at 12:00 pm on Monday, January 15th. **Please be prompt.** Participants that drive themselves to camp are required to give keys to their vehicle to the director for safety and liability purposes.

CABIN ASSIGNMENTS:

Participants are grouped according to grade and gender. If your teenager has special circumstances why they need to be in a cabin with someone else, you may write a request on of the registration form. Requests are not guaranteed and will be granted at the discretion of the Director.

DRESS CODE:

Please review the suggested packing list for direction in packing. It is suggested that Christian modesty be the guideline in appropriate camp dress. Footwear must be worn at all times when at camp. Expensive jewelry, excessive makeup and stylish clothes are unnecessary in the outdoor environment. Clothing should be practical; **tube tops, skin tight clothing, exposed mid-drifts and shirts with objectionable slogans or language are not acceptable.** Participant's names should be placed in indelible ink on all personal belongings. Names are especially important on towels. The Orthodox Christian Youth Ministry Team is not responsible for lost articles. It is the responsibility of parents to contact Tina Soubeih 425-835-3317 to inquire about lost items.

MONEY AND VALUABLES:

Money is not necessarily needed at camp. There is no need for your teenager to bring cell phones or other valuables to camp. This is important in loss prevention. Keep cell phones and valuables safely at home. If phones are brought, they will be held by the director over the weekend.

FOOD AND CANDY:

We ask that you do not send any food (exceptions allowed for special food needs, **Retreat Registrar must be notified on registration form**) or candy with your teen to the retreat. Please review this policy with your teenager and support our effort to limit sugar and junk food intake. Please note any food restrictions and allergies on registration and camp cook may call you for clarification.

MORE IMPORTANT STUFF

DO NOT BRING THE FOLLOWING:

- Alarm Clocks (cabin staff will awaken youth)
- Cell Phones, I-pods/MP3 players, Portable DVD Players & DVD's, Radios, Computers, PSP, Game boy or other Electronic games, Laser pointers, Knives, Firecrackers, Explosives, Weapons of any kind
- Food or candy (exception: special food needs)
- PLEASE NOTE: BRINGING THESE ITEMS TO CAMP IS CONSIDERED A VIOLATION OF THE CAMPER AGREEMENT. CELL PHONES OR ELECTRONIC EQUIPMENT NEEDED FOR THE TALENT SHOW WILL BE COLLECTED AND STORED AT REGISTRATION. ANY ITEMS FOUND AFTER REGISTRATION WILL RESULT IN THE CAMPER BEING WARNED AND/OR SENT HOME.

Prayer and Support:

The Orthodox Christian Youth Retreat is a time for our young people to learn and grow in their Orthodox faith as they share lasting memories with each other. Camp organizers need **parent** support to ensure the retreat guidelines are known and followed. Please pray for our participants, staff, directors and clergy to have a successful, safe and memorable experience.

CELL PHONE POLICY:

We ask your cooperation in encouraging your child to leave their cell phone at home. It is the camp policy to not allow participants to have cell phones during camp or retreats. We appreciate your cooperation in this matter.

VISITATION & CORRESPONDENCE:

Spontaneous visits by parents, friends, or other visitors are **STRICTLY PROHIBITED**

INSURANCE:

All participants must be covered by a medical insurance policy.

Preliminary Weekend Schedule

Saturday, January 13, 2018

11:00 am Volunteer registration
12:30 pm Youth Registration
1:00 pm Lunch
1:45 pm Rules
2:00 pm Ice Breakers
3:00 pm Speaker Session
4:30 pm Snacks
4:45 pm Games
5:45 pm Speaker Session
6:45 pm Dinner
7:45 pm Great Vespers
9:00 pm Singing
9:45 pm Precommunion Prayers
10:00 pm Snack
10:15 pm Prepare for bed
10:50 pm Lights outs

Sunday, January 14, 2018

7:00 am Wake Up
7:45 am Orthos/Liturgy
10:15 am Change Clothes
11:00 am Brunch
11:35 am Speaker Session
12:45 pm Camp Activities
3:00 pm Lunch
3:30 pm Fire on Father
4:30 pm Break
4:40 pm Sr Hi Fire on Father
4:40 pm Jr Hi Activities
5:50 pm Skit Practice
6:45 pm Dinner
7:30 pm Skit Practice
8:15 pm Talent/Skit Show
9:00 pm Dance/Flex time
10:30 pm Early Bird Bed prep
11:30 pm Evening Prayers
12:00 am Lights out

Monday, January 15, 2018

7:15 am Counselor Mtg
7:45 am wake up/pack
8:30 am Orthos
9:30 am Breakfast
10:15 am Slide Show
11:15 am Closing
12:00 pm Check out
12:30 pm Depart

WHAT TO BRING

RETREAT PACKING LIST

Be sure to mark clothing and all equipment you bring to the retreat with the Participant's Name.

Retreat Items

- Camera (**NO cell phone cameras allowed**)
- Talent Show Props
- Pants, Shirts, Socks and Undergarments for 2 days (Liturgy on Sunday, dress pants or skirt)
- Waterproof Jacket (there may be rain or snow)
- Sweatshirt or fleece jacket
- Hat for warmth
- Gloves
- Chapstick
- Deodorant
- Toothpaste & Toothbrush
- Brush or comb
- Hair bands, clips etc.
- Soap & Shampoo
- Wash cloth
- Hand towel
- Towel
- Waterproof comfortable shoes for indoor and outdoor (there may be snow on the ground)
- Flip Flops for shower stalls

For Night time

- Sleeping Bag
- Pillow
- Pajamas (Robe, optional)
- Slippers or warm socks
- Ear Plugs (if noise from other people disturbs you)
- Book
- Flashlight

Personal Items

- Medications in the original bottle & placed in zip-lock bag labeled with participant's name
- Special food needs—Please label, all food will be collected and stored in the camp kitchen.

DIRECTION TO CEDAR SPRINGS CAMP

CEDAR SPRINGS CAMP
4820 State Road 92
Lake Stevens, WA 98258
425-334-6215

Retreat Questions?

Tina Soubeih
425-835-3317 or via email at:
orthodoxretreat@gmail.com

- Take I-5 towards Everett
- Take Exit #194 (US 2 East)
- Turn Left onto Hwy 9 North
- Turn Right onto Hwy 92 East drive 3.2 miles
- Watch for Cedar Springs Sign on left and turn left onto Cedar Springs Camp driveway
- Drive past the private residences to large parking lot

